


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h1>May 2024 Lunch Menu</h1>		 <p>leading the way in aging services</p>		<p><b>Notes:</b> Menu may be subjected to change without notice</p> <p>Sit-down lunch served from 11:30am - 12:30pm, M-F</p>
		<p>1 Meaty Lentil &amp; Mushroom Meatballs Roasted Veggie Couscous Sautéed Spinach and Kiwi</p>	<p>2 Italian Roast Chicken Penne Steamed Broccoli and Cauliflower</p>	<p>3 Teriyaki Baked Fish Haluski (Noodles and Cabbage) Sautéed Bok Choy Canned Pineapple</p>
<p>6 Spanish Style Beef Stew Egg Noodles Steamed Broccoli and Cauliflower Apple</p>	<p>7 Turkey Kofta Kabobs Brown Rice and Mushrooms Normandy Blend Fruit Cocktail</p>	<p>8 Chickpeas Mama's Pasta Faggioli Capri Blend Veggies Orange</p>	<p>9 Maple Dijon Chicken Thighs Baked mac and Cheese Italian Cut Green Beans Mango</p>	<p>10 Baked Fish with Mushrooms and Peppers Half White Rice Half Quinoa Sautéed Spinach Kiwis</p>
<p>13 Roasted Turkey Breast Sautéed Spinach Sweet Baked Yams Apple and Cranberry Sauce</p>	<p>14 Chicken Alfredo Penne Italian Cut Green Beans Canned Pineapple</p>	<p>15 Eggplant Chickpea Tagine Couscous Steamed Carrots with Green Beans and an Orange</p>	<p>16 Chicken Biryani Cauliflower and Pea Curry Applesauce and Raisins</p>	<p>17 Jerk Fish California Blend Veggies Garlic Mashed Potatoes Banana</p>
<p>20 Beef Meatloaf with Mushroom Gravy Garlic Mashed Potatoes California Blend Veggies Banana</p>	<p>21 BBQ Pork Chops Brown Rice with Black Beans Broccoli and Red Peppers Fruit Cocktail</p>	<p>22 Indulgent Mushroom and lentil Stroganoff Baby Carrots and Parsley Orange</p>	<p>23 Jerk Chicken Leg Quarter Brown Mushrooms Sautéed Green beans with Onions Mango</p>	<p>24 Asian Style White Fish with Cilantro Chinese Style Spaghetti Brussel Sprouts Kiwis</p>
<p>27 <b>CENTER CLOSED MEMORIAL DAY</b></p>	<p>28 Chicken Kofta Kabobs Baby Carrots and Parsley Parmesan Rosemary Mashed Potatoes Fruit Cocktail</p>	<p>29 Ital Stew (Indulgent Bean and Veggie Stew) Red Lentil Pasta Cauliflower with Carrots and Parsley Banana</p>	<p>30 Chicken Chasseur Half White Rice Half Quinoa Sautéed Spinach Orange</p>	<p>31 Baked Fish with a Lemon Dill Marinade California Blend Veggies Garlic Mashed Potatoes Mango</p>

**CARTER BURDEN NETWORK**

LEHMAN VILLAGE OLDER ADULT PROGRAM

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Hours Open to the Public:

Monday to Friday 9am – 4pm